

# **Aptitude & Personality (Psychometric) Practice Tests**

**Careers & Employability Service**

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**[www.mmu.ac.uk/careers/guides](http://www.mmu.ac.uk/careers/guides)**



**Manchester  
Metropolitan  
University**

This document is available in alternative formats – Please contact [careers@mmu.ac.uk](mailto:careers@mmu.ac.uk) for details.

### **On-line aptitude and personality tests:**

Many graduate employers now use psychometric testing to assess the abilities and personal characteristics of job applicants. It can be very helpful if you practice tests and know what to expect before you have to sit the tests for real. Trying out some of the tests can also help you to identify some of your strengths and weaknesses, and can allow you to consider aspects of your personality and how this might be important in your career choice. Some good FAQ's for test takers can be found at:

<http://www.realisepotential.com/FAQTestTakers.html>

### **Graduate level practice aptitude tests:**

#### **MMU Careers & Employability Service**

These verbal and numerical reasoning tests provide realistic practice experience with detailed performance feedback and tips on how to improve!

You can use this service by completing the online form at [www.mmu.ac.uk/careers/students-and-graduates/psychometric-testing](http://www.mmu.ac.uk/careers/students-and-graduates/psychometric-testing)

We also offer the GraduatesFirst tests at:

<http://www.graduatesfirst.com/integration/MMU/Default.aspx>

These tests include verbal, numerical, logical and personality tests plus comprehensive feedback

Extra practice tests are available at: [www.psychometrixltd.com](http://www.psychometrixltd.com)

**Kent University careers service** [www.kent.ac.uk/careers/psychotests.htm](http://www.kent.ac.uk/careers/psychotests.htm)

Offers a wide range of tests, personality and aptitude.

**SHL** [www.shldirect.com](http://www.shldirect.com)

SHL offer a range of online practice tests including verbal and numerical reasoning tests and personality questionnaires.

**Kenexa** [www.psl.co.uk/practice/](http://www.psl.co.uk/practice/)

Numerical, verbal and logical reasoning tests are available here.

**ASE Psychometric Tests** [www.ase-solutions.co.uk](http://www.ase-solutions.co.uk)

ASE offers practice tests pitched at a range of employment levels. Refer to the 'Executive, Management and Graduate Tests'.

**Cubiks** <http://practicetests.cubiks.com/>

Verbal and numerical practice tests.

**Assessment Day** [www.assessmentday.co.uk](http://www.assessmentday.co.uk)

Online community forum powered by phpBB offering practice numerical and verbal reasoning tests.

**Psychometric Success** [www.psychometric-success.com](http://www.psychometric-success.com)

A variety of tests (these tests require printing).

**eFinancial Careers** [www.efinancialcareers.co.uk](http://www.efinancialcareers.co.uk)

Practice numerical tests from the graduate finance careers website.

**The Berger Aptitude for Programming Test** <http://www.psychometrics-uk.com>

Aptitude test used in recruitment of computer programmers.

**E-tray exercise from Civil Service Fast Stream** [www.faststream.gov.uk](http://www.faststream.gov.uk)

Click the 'How do I apply' link for access to the practice e-tray exercise. This is an example of a work simulation test rather than a psychometric test.

**Institute of Practitioners in Advertising** [www.diagonalthinking.co.uk](http://www.diagonalthinking.co.uk)

This assessment tests linear and lateral thinking and may be used in recruitment to the advertising industry.

**University of Essex** [www.essex.ac.uk/reo/ecif/assessments.html](http://www.essex.ac.uk/reo/ecif/assessments.html)

10 minute online test to help people find out what skills they've got and how to use them. The questionnaire goes through 6 key types of skills, and a nifty diagram tells you where your strengths and weaknesses lie.

### **Personality tests:**

**Finding Potential.com** <http://www.findingpotential.com/>

**The Enneagram Test** [www.9types.com/](http://www.9types.com/)

**Finding Potential.com** <http://www.findingpotential.com/>

**The Keirsey Temperament sorter** [www.advisorteam.com/user/ktsintro.asp](http://www.advisorteam.com/user/ktsintro.asp)

**Muscle Diagram Indicator** [www.teamtechnology.co.uk/mmdi-re/mmdi-re.htm](http://www.teamtechnology.co.uk/mmdi-re/mmdi-re.htm)

**People Maps** [www.peoplemaps.com](http://www.peoplemaps.com)

**Personality tests, IQ tests and entrepreneur tests online** [www.2h.com/index.php](http://www.2h.com/index.php)

**Personality Test Centre** [www.personalitytest.net](http://www.personalitytest.net)

**Psychology Today** [www.psychologytoday.com/pto/self\\_tests.php](http://www.psychologytoday.com/pto/self_tests.php)

**Team Technology** [www.teamtechnology.co.uk/personality-tests.html](http://www.teamtechnology.co.uk/personality-tests.html)

Further information about the Myers Briggs Type Indicator (MBTI).

**The Barbarians online test page** <http://www.wizardrealm.com/tests/>

**Testing for entry to courses of further study:**

**GMAT** [www.gmat.org](http://www.gmat.org) MBA entrance test used by business schools.

**GRE** [www.ets.org](http://www.ets.org) American university entrance tests.

**UKCAT** [www.ukcat.ac.uk](http://www.ukcat.ac.uk) Entrance test required for Medicine and Dentistry.

**Further Information:**

**Psychometric Test Centre (British Psychological Society)** [www.psychtesting.org.uk](http://www.psychtesting.org.uk)

**The Institute of Psychometric Coaching** <http://www.psychometricinstitute.co.uk>

**Free aptitude tests:** <http://www.psychometricinstitute.co.uk/Free-Aptitude-Tests.asp>

**Free personality tests:** <http://www.psychometricinstitute.co.uk/Free-Personality-Test.asp>

**Prospects** [www.prospects.ac.uk/links/onlinetests](http://www.prospects.ac.uk/links/onlinetests)

**Improve your Math's** [www.mathcentre.ac.uk/students.php](http://www.mathcentre.ac.uk/students.php)