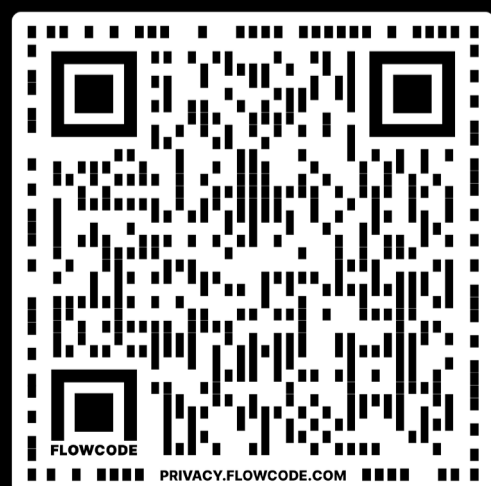


FITNESS CLASS TIMETABLE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Box Fit	9:15am – 10:00am				
Virtual Spin HIIT	6:30pm – 7:00pm		8:30pm – 8:45pm		
Virtual Spin		8:15am – 8:45am	8:00am – 8:45am	8:30am – 8:50am	6:30pm – 7:10pm
HIIT Step		5:30pm – 6:00pm			
Spin		6:45pm – 7:30pm	7:00pm – 7:45pm	6:00pm – 6:45pm	
Abs Blast		7:30pm – 8:00pm			
Booty Blast				7:00pm – 7:30pm	
Spin & Abs					9:15am – 10:00am



**CLASSES ARE SUBJECT TO CHANGE.
SCAN THE QR CODE FOR THE LATEST TIMETABLE**

