

CHILDREN'S RESIDENTIAL WORKER'S WELLBEING

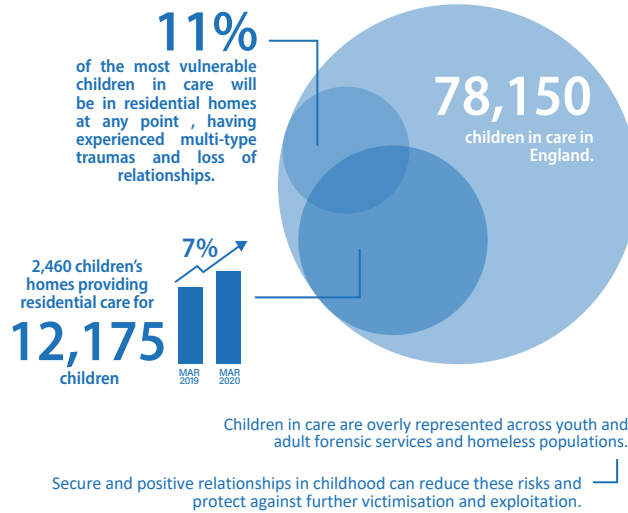
The therapeutic relationships that children have with residential staff are incredibly important for healing, regulation, and development.

“ we play a key role to a forgotten/unheard of group of vulnerable people
- Kate

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“ the young people are being taken care of [...] but who's looking after me?
-Tas

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“ the way that the stresses of the work and simply of our lives rattle about the community
-Darren

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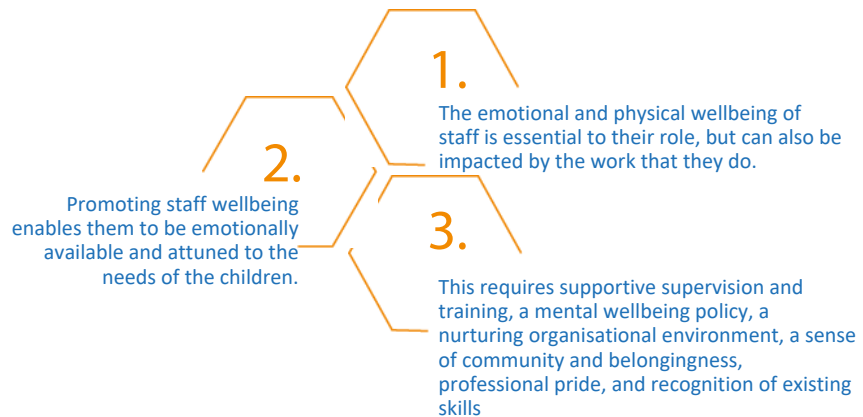
“ the use of reflective practice and supervision to consider the emotional impact of the work on myself
-Chris

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Research that involves residential children's home workers is essential to understand what support they need when caring for our most vulnerable children, throughout the pandemic and beyond.

“ I think people forget about the key workers in care roles (particularly with looked after children) and can't comprehend the impact of working alongside raw, unprocessed trauma
-Sarah

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Co-produced with workforce members. Funding from the Nuffield Foundation. Acknowledgement to Dr Sarah Parry and Tracey Williams (2020) Correspondence: CCRG@mmu.ac.uk Twitter: @InCareResearch