



OCCUPATIONAL HEALTH CHECK INFORMATION FOR APPLICANTS

Students on certain professional courses are required to obtain satisfactory occupational health clearance prior to enrolment. Please see the Appendix at the end of this document for a list of relevant courses.

Manchester Met uses a specialist provider, Optima Health, to complete the required occupational health checks for students on relevant courses.

How to complete your health check

1. You need to complete an online Pre-Placement Health Assessment form (PPHA) with Optima Health. Please use the relevant link in the Appendix to access the form and complete your initial assessment.
2. The online PPHA should be completed and submitted in one sitting (unfortunately it is not possible to save a partially completed application, or to re-start an application). **Please ensure that you have all personal details ready before starting your online check, including:**
 - a. Your 8-digit MMU ID
 - b. The name of your GP/doctor and the name and address of the practice
 - c. Full details of your health history, including relevant dates and treatment
 - d. Full details of vaccination history, including dates (this is required for students enrolling on nursing or professional health courses)
 - e. Details of your education and employment history.

Please include as much information as possible when completing your PPHA form, to enable Optima Health to complete the process for you as efficiently as possible. For example, if you include a health issue, it is important to include when it occurred or other relevant dates.

3. Once your PPHA form has been submitted, you will receive a confirmation email from Optima Health to confirm receipt.
4. Optima Health will use the information you have provided to complete their initial assessment. These are the possible outcomes:
 - a. Based on your answers to the questions, Optima Health is satisfied you are 'fit to practise'/'fit to teach'. Optima Health will then notify both you and the University that you have completed your health check.

- b. Based on your answers to the questions, a further assessment may be considered necessary. If Optima Health needs to ask you for more information, they will email a date and time for a telephone appointment.



After submitting your PPHA form, please ensure you check your email regularly (including spam folder), so that you do not miss an appointment request from Optima Health. It is important that you do not miss your scheduled appointment: if the requested date or time is not suitable, please contact Optima Health as soon as possible to rearrange.

After the discussion, Optima Health will provide a report both to yourself and the University, to confirm if you are fit to practise/teach. They may recommend adjustments which might be made to support you at the University or when you are on a placement. The Programme Leader will consider the recommended adjustments and make any relevant arrangements. If you have any concerns about these, then please discuss it with your personal tutor when you start your course.

Occasionally, if there has been a change in, or there is a concern about your health, the University may refer you to Optima Health for a further consultation. You will be informed of this beforehand.

5. For professional health, nursing and social work degree programmes, questions about your immunisation and vaccination status will be asked. Please prepare this information before you start your PPHA form. Incomplete information may result in Optima Health needing you to attend a health/vaccination assessment. Depending on your answers to vaccination questions, you may be required to have vaccinations. Optima Health will advise you if this is required.



Pending Government consultation, it is not currently clear if occupational health clearance will include a requirement for students deployed on placement in CQC regulated activities in England to be fully vaccinated against COVID-19. Our placement providers and future employers may require this so we would strongly advise you to take your COVID-19 vaccinations when due.

6. Payment – Manchester Met covers the cost of payment for the health check.

Appendix

	Course name	Link to HealthWork Pre-placement Health Assessment Form (PPHA) (please access form by clicking relevant hyperlink for your course)
School of Teacher Education and Professional Development	BA (Hons) Primary Education with QTS	PPHA for Education students
	BA (Hons) Primary Education with Mathematics with QTS	PPHA for Education students
	PGCE Primary with QTS (all courses – including School Direct)	PPHA for Education students
	PGCE Secondary with QTS – all subjects (all courses – including School Direct)	PPHA for Education students
Department of Health Professions	BSc (Hons) Physiotherapy	PPHA for Physiotherapy
	BSc (Hons) Physiotherapy with Foundation Year	PPHA for Physiotherapy
	MSc Physiotherapy (Pre-Registration)	PPHA for Physiotherapy
	BSc (Hons) Speech and Language Therapy	PPHA for Speech and Language Therapy
	BSc (Hons) Speech and Language Therapy with Foundation Year	PPHA for Speech and Language Therapy

	MSc Speech and Language Therapy (Pre-Registration)	PPHA for Speech and Language Therapy
	MSc (Pre-Registration) Dietetics	PPHA for Dietetics
Department of Nursing	BSc (Hons) Adult Nursing	PPHA for Nursing
	BSc (Hons) Mental Health Nursing	PPHA for Nursing
	FdSc Health and Care Practice (Nursing Associate)	PPHA for Nursing
	MSc Adult Nursing	PPHA for Nursing
	MSc Mental Health Nursing	PPHA for Nursing
Department of Social Care and Social Work	BA (Hons) Social Work	PPHA for Social Work
	MA Social Work	PPHA for Social Work
Department of Life Sciences	BSc (Hons) Healthcare Science (Physiological Sciences)	PPHA for Healthcare Science