

Specialist Academic and Study Skills support for students with SpLDs.

Supporting students with SpLDs (Dyslexia, Dyspraxia, ADHD, ASC etc.) and Mental Health challenges to develop their study skills, focusing on some of the skills below.

Time management.



Organising your work.



Managing multiple deadlines.



Understanding your assignment, brief or question.



Planning for essays and assignments.



Understanding different types of assessment.



Paragraph structure.



Notetaking in lectures and seminars.



Reading and making notes from texts.



Using evidence in your assignments.



Revision strategies.



Presentation skills and confidence.



Spelling, grammar and punctuation.



Proof reading and editing strategies.



Technology Tools for learning.



To book a one-to-one study skills appointment with a specialist tutor, you can email us on spldtutors@mmu.ac.uk

Signposts to other support you may need.



Want to access some **self-directed study** resources? You can access the Academic and Study Skills [Moodle resources](#).

Need support with **subject specific content** or **information**? You need to contact your **unit tutor** or **personal tutor** with these queries.

Need help obtaining a **PLP** or understanding your **PLP**, or have queries about **extensions**? Speak to the [Disability Advisers](#) about this.

Queries about **referencing**, **citations** or **searching for sources**? Contact the [Library](#) for help with this.